Investing in family planning saves lives and overcomes poverty by promoting:

- **Higher education**
- **Improved health for families**
- **Economic self-sufficiency**

We’ve made significant progress already:

- **43% Reduction** in maternal deaths worldwide since 1990
- **100 million** children under age 5 have been saved over the past two decades.

We can end preventable maternal, newborn and child deaths within a generation by supporting women’s access to critical health services.

CARE calls on the U.S. government to support robust funding for international family planning.

**What is Family Planning?**
Family planning supports the healthy timing and spacing of pregnancies. It gives women access to information and contraception, so they can voluntarily decide if and when they have children. It’s a simple and inexpensive tool that allows women and their families to survive and thrive.

**830 women die every day** from preventable causes related to pregnancy and childbirth.

**One million newborns die every year** on their day of birth, and close to 2 million die in the first week of life.

**Higher education**
- Women have access to education, which leads to higher incomes and economic stability.

**Improved health for families**
- Maternal deaths would drop by 30%
- 1.4 million child deaths could be averted each year

**Economic self-sufficiency**
- Women are able to support their families economically, leading to improved living conditions and access to healthcare.

**Saving Lives & Empowering Women**

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